



GivMohr® SLING

Flaccid Upper Extremity Positioning Device
Designed & Developed by Victoria Givler, OT and Paul Mohr, PT



Bilateral GivMohr Sling Benefits:

- ◆ Reduces shoulder subluxation
- ◆ Reduces shoulder pain
- ◆ Supports the arms in a functional position
- ◆ Facilitates improved posture
- ◆ Facilitates improved balance
- ◆ Facilitates improved gait
- ◆ Protects the flaccid arms and shoulder joints
- ◆ Allows controlled arm swing
- ◆ Improves activities of daily living

LATEX FREE

GivMohr Web Site:



LOT #0821

US Patents
6945945
D688, 977



EU Authorized Representative:
CMC Medical Devices & Drugs S.L.
C/Horacio Lengo N° 18
CP 29006, Malaga Spain

www.GivMohrSling.com

222 Cynthia Loop NW, Suite B • Albuquerque NM 87114

Fitting the Bilateral GivMohr Sling

1. Lay sling across back and drape anterior straps over each shoulder with blue stripe against arms and "GivMohr" side of 4-Tab facing out
2. Position 4-Tab low on back between shoulder blades
3. Position hands into Handpieces
4. Position Elbow Straps horizontally 1" below elbow
5. Adjust both straps at buckles to reduce subluxation
6. Reposition 4-Tab for optimum comfort and function (see back)
7. Lock 4-Tab (instructions on back)
8. Adjust Handpiece if needed (instructions on back)
9. Adjust posterior straps to bring shoulders into neutral rotation

Step 1



Steps 3 and 4



Steps 6 and 7



Proper Fit

Initial fitting by PT or OT is recommended to ensure proper fit.
Check the following:

- ◆ Shoulder subluxation is reduced
- ◆ Shoulders in neutral rotation
- ◆ 4-Tab optimally positioned and locked (see instructions on back)
- ◆ Elbows in less than 30 degrees of flexion
- ◆ Elbow Straps positioned 1" below elbows and horizontal
- ◆ Wrist Crosses centered over wrists (see instructions on back)
- ◆ Handpiece positions accommodate contours of hands
- ◆ Blue Stripe against arms and "GivMohr" side of 4-Tab facing out

GivMohr User Guide:



Visit www.GivMohrSling.com/videos/ for donning videos or scan code at right for online User Guide

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4-Tab Locking Instructions (Recommended)

FOR MAXIMUM BENEFIT, Lock the 4-Tab of your GivMohr Sling

1. Correctly position GivMohr Sling
2. Position the “unlocked” 4-Tab for optimum comfort and function. AVOID placing 4-Tab on base of the neck. Greater comfort is typically achieved with the 4-Tab located low on the back (about the level of the bottom of the shoulder blade). Lock the 4-Tab in place by snapping the webbing under the locking hooks on ALL 4 SIDES
3. Re-check the overall fit of the GivMohr Sling and repeat if needed



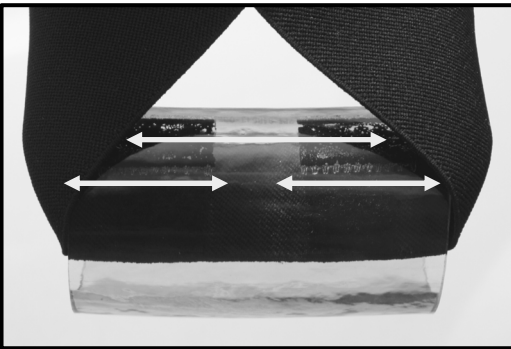
Unlocked



Locked

Handpiece Adjustment Instructions (Optional)

For best results, these adjustments should be made by a therapist



Hand Opening

Hand Opening Adjustment

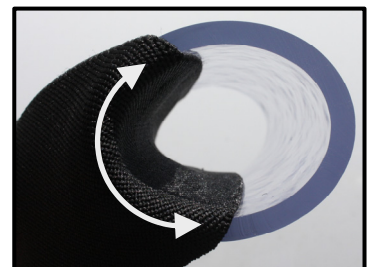
(to accommodate girth/size of hand and position of wrist diamond)
Optimal wrist control is achieved when wrist cross is directly over the wrist joint.

- Find Velcro attachments inside hand piece
- Carefully detach one side of elastic at Velcro connection
- Stretch or Release elastic to loosen or tighten as needed
- Reattach elastic at Velcro connection
- Repeat the above adjustment on the other side of the Handpiece

Flexion/Extension Wrist Adjustment

This adjustment is rarely needed and should be made by a therapist.

- Release both sides of Velcro
- Rotate elastic position relative to Handpiece to increase flexion or extension
- Reattach elastic to Velcro



Flexion/Extension